



BOOKINGS
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WE'RE A TEAM OF HIGHLY EXPERIENCED
 SNOWBOARD INSTRUCTORS OPERATING
MERIBEL'S ONLY DEDICATED SNOWBOARD SCHOOL.

WE OFFER LESSONS IN ALL ASPECTS OF SNOWBOARDING
 THROUGHOUT THE 3 VALLEYS.



TESTIMONIALS

"A fantastic week with great tuition. Great constructive feedback from the instructor. I didn't expect to be able to do red runs by the end of my first week! Thank you so much - hopefully I will be back again next year!" - Ellen T.

"Just a quick note to say thanks and we've had an fantastic couple of days with you. I used to think we were fairly good boarders, but it's amazing what a couple of lessons shows you you've been missing for the last 10 years!" - Paul Y.

See our website cab9snowboarding.com for more comments



**WE'LL GET
 YOU RIDING**

“We love riding with experienced snowboarders and particularly enjoy helping to take your snowboarding to the next level!”

EXPERT RIDERS LEVELS 3 & 4



ADVANCED GROUP LESSON

This group lesson is perfect if you don't want to commit to a full week of lessons but feel like you've hit a plateau and would like some input on your technique. Have fun learning some new freestyle tricks, understand how to make powerful controlled turns or let us guide you to untracked powder runs known only to local riders.

The lessons run on Tuesday and Thursday afternoons with a maximum of 6 people per instructor.

2 X 2.5 HOURS €125 PER PERSON

SHRED CREW LEVELS 3 & 4

These small group sessions are for young intermediate and advanced riders looking to push their snowboarding to the next level. Time is spent in the park working on freestyle skills as well as on the open slopes where we fine tune your general technique. It's not just about the riding though, these weeks are also about hanging out with other snowboarders of similar ability, making friends and having a laugh with your instructor!

Available 1st – 5th January and 12th – 16th February..

5 X 4 HOURS €420 PER PERSON



COURSES

GROUP LESSONS LEVELS 1, 2 & 3

Our group lessons are a fun and sociable way to improve your riding. They run weekly for 2 hours each morning with sessions starting at 9.15 or 11.30. Group sizes are 2-8 people.

MONDAY TO FRIDAY 2 HOURS PER DAY (10 HRS) €210

PRIVATE LESSONS LEVELS 1, 2, 3 & 4

Our private lessons are available for 2 hours or more and are the best way to get the most from your instructor in the shortest time possible.

Private lessons are available for all snowboarders from beginner to expert. Up to 8 people per lesson.



		HIGH SEASON
2 HOUR SESSION	€165	€185
2.5 HOUR SESSION	€190	€210
3 HOUR SESSION	€225	€245
4 HOUR SESSION	€305	€325
FULL DAY	€450	€490

*HIGH SEASON: 24 DEC - 6 JAN & 11 - 24 FEB



WHAT'S MY LEVEL? USE THIS GUIDE TO CHECK WHICH LESSONS ARE SUITABLE FOR YOUR LEVEL

- 1 "It's my first time on a snowboard and I wouldn't know the difference between a highback and a toestraps!"
Or, "I've tried it before but want to start at the beginning"
- 2 "I'm getting the hang of it, I can turn both ways on easy runs but if it gets steep or narrow I come unstuck."
- 3 "I'm happy on all runs but I feel like I've hit a plateau. How can I progress?"
- 4 "I can ride the whole mountain and/or I'm into freestyle. I really want to push my limits."

