



BOOKINGS

For reservations in resort please call:

(+33) (0) 479 00 32 21

info@cab9snowboarding.com

www.cab9snowboarding.com

TESTIMONIALS

"A fantastic week with great tuition. Great constructive feedback from the instructor. I didn't expect to be able to do red runs by the end of my first week! Thank you so much - hopefully I will be back again next year!" - Ellen T.

"Just a quick note to say thanks and we've had an fantastic couple of days with you. I used to think we were fairly good boarders, but it's amazing what a couple of lessons shows you you've been missing for the last 10 years! - Paul Y.

See our website cab9snowboarding.com for more comments

LEARN TO SNOWBOARD WITH REAL SNOWBOARDERS



We're a small team of highly experienced snowboard instructors operating **Meribel's only dedicated snowboard school.**

We offer second-to-none lessons in all aspects of snowboarding throughout the 3 Valleys.



COURSES

GROUP LESSONS LEVELS: 01 02 03

Our group lessons are a fun and sociable way to improve your riding. They run weekly for 2hrs each morning with sessions starting at 9.15 or 11.30. Group sizes are 3-8 people.

Sunday to Friday 2 hours per day (12 hrs) – €239
Monday to Friday 2 hours per day (10 hrs) – €210

PRIVATE LESSONS LEVELS: 01 02 03 04

Our private lessons are available for 2 hours or more and are the best way to get the most from your instructor in the shortest time possible.

Private lessons are available for all snowboarders from beginner to expert. Up to 8 people per lesson.

2 hour session – €189

2.5 hour session – €215

3 hour session – €249

4 hour session – €330

Full day – €499



EXPERT RIDERS LEVELS: 03 04

We love riding with experienced snowboarders and particularly enjoy helping to take your snowboarding to the next level!

FREESTYLE SESSION

Are you an experienced snowboarder? Would you like to learn some freestyle skills or brush up on your bag of tricks?

Then our popular freestyle session is for you. We take a small group of riders into the park where we run through a progression of freestyle moves, from riding boxes and rails, to going off kickers.

This session is open to all experienced riders; from first time freestylers to experienced park hounds.

2 hour session - €60 per person

EXPERT SESSIONS

These are higher level small group lessons, without the commitment to a full week, covering carving, freestyle or backcountry riding. So, if you want to learn how to use your edges more effectively, need a guide to show you the best powder spots, or would like help getting some tricks down, then look no further.

- 2x 2.5 hr sessions
- Small Groups of between 2-6 people
- Level 3 or Level 4
- Generally in the afternoons
- Tailored to your individual goals for maximum benefit.

€ 160 per person

WHAT'S MY LEVEL?

USE THIS GUIDE TO CHECK WHICH LESSONS ARE SUITABLE FOR YOUR LEVEL

LEVEL 01

It's my first time on a snowboard and I wouldn't know the difference between a highback and a toestraps! Or, I've tried it before but want to start at the beginning.

LEVEL 02

I'm getting the hang of it, I can turn both ways on easy runs but if it gets steep or narrow I come unstuck.

LEVEL 03

I'm happy on all runs but I feel like I've hit a plateau. How can I progress?

LEVEL 04

I can ride the whole mountain and/or I'm into freestyle. I really want to push my limits.

